

Lunenburg Resident Tests Positive for Coronavirus (COVID-19)

The Lunenburg Board of Health was notified by the Massachusetts Department of Public Health (MDPH) that a resident tested positive for COVID-19. The Board of Health is handling this case in accordance with the protocols established by Massachusetts Department of Public Health.

The Town continues to monitor the spread of COVID-19 within the community and will take appropriate actions as directed by the Massachusetts Department of Public Health to mitigate the spread of the virus.

The Board of Health is urging all residents to adhere to recommended practices aimed at reducing the transmission of this disease.

We must all do our part to protect ourselves and others by:

- Wash your hands often and thoroughly with soap and water for at least 20 seconds
- Avoid touching your mouth, nose, and eyes with your hands
- Cover your coughs or sneezes with a tissue or your sleeve (not with your hands)
- Clean and disinfect surface areas frequently
- Remain out of congregate settings, avoid mass gatherings, and maintain Social Distancing of at least 6 ft from others
- Avoid close contact with people who are sick
- **Stay home** from work or school if you are sick.

For the latest updates and information on COVID-19 please visit the MDPH or CDC websites at:

www.mass.gov/covid19

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/index.html>

If you have any questions, please contact Jim Garreffo of Nashoba Associated Boards of Health at (978) 772-3335 x 305.